

**Marti, 25 octombrie**

**Modulul Minte sanatoasa intr-un corp sanatos  
Coordonator Schiopu Elisabeta, Buzila Nicolae**

V-VIII ore:8-11 Alimente prieten sau dusman	IX			IX			X			X			XI			XI			XII			XII		
	C	D	P	A	B	S	C	D	P	A	B	S	C	D	P	A	B	S	A	B	S	C	D	P
	Competitii sportive alimentatie sanatoasa			Competitii sportive alimentatie sanatoasa			Competitii sportive, masa rotunda- importanta alimentelor			Competitii sportive, masa rotunda-E-urile si alimentatia			Minte sanatoasa- convorbiri duhovnicesti			Competitii sportive, boli metabolice - DIABETUL			Competitii sportive, alimentele prieten sau dusman			Competitii sportive, importanta igienei		
HARAPASCU SOFIA, SCHIOPU ELISABETA	BURDETI PAULA, BUZILA NICOLAE			FILIMON B. HAITONIC A.			BERCENI CAMELIA, FRIJAN MARIA			BURDUHOS CORINA, HAITONIC IOAN, ANI IOAN			invitat preot. MURESAN, ORE 9-11 COC DOREL, CHIRA DANIELA, aula			MIRCAN- BONCEA MARIA, VIJU STELUTA, SCHIOPU ELISABETA			ROS ADRIANA, BUZILA NICOLAE			SEREMESAN GABRIELA, BOSBICIU NICOLAE, COSTEA SIMONA		
Sa mancam sanatos, fructe si legume ore: 11-14	Competitii sportive, diversitate gastronomica			Competitii sportive, diversitate gastronomica			Competitii sportive, realizare de gustari sanatoase			Competitii sportive, realizare de gustari sanatoase			Competitii sportive, retete sanatoase			Competitii sportive, retete sanatoase			Competitii sportive, realizare de fluturasi "consum fructe si legume"			Competitii sportive, realizare de planse"consum fructe si legume"		
HARAPASCU SOFIA, SCHIOPU ELISABETA	FICIOR IULIA, URS IOAN			FILIMON BOGDANA, BUZILA NICOLAE			COMES DARIU, BURDUHOS GEORGE			BURDUHOS CORINA, HAITONIC IOAN			COC DOREL,CHIRA DANIELA, ROS ADRIANA			MIRCAN- BONCEA MARIA, VIJU STELUTA			CALUGARU IOANA, ANI IOAN			SEREMESAN GABRIELA, BOSBICIU NICOLAE, COSTEA SIMONA		

XC + XS EXCURSIE la LUNCA ILVEI, insotitor MOLDOVAN VASILE, 7-8 EXCURSIE SUCEAVA, 12A,B,S EXCURSIE CLUJ